

Kettle Brand® Roaster Fresh® Nut Butters

Organic Peanut Butter Unsalted

Version Date: January 2, 2009
 Kosher Status: Kosher Parve
 Organic Status: None
 Allergen Statement: Processed on equipment shared with tree nuts.

Ingredients: Organic peanuts

Nutrition Facts	
Serving Size 1oz about 2 Tbsp (28g)	
Servings Per Container	
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Amount Per Serving	
Calories 160	Calories from Fat 130
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	% Daily Value*
Total Fat 14g	22%
Saturated Fat 3g	15%
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 7g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 7g	
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Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	