

Kettle™ brand Tortilla Chips

Blue Corn

Version Date: 10/19/06
 Kosher Status: Kosher Parve
 Organic Status: Made with Organic Corn
 Allergen Statement: None

Ingredients: Stone ground organic blue corn, expeller pressed high monounsaturated safflower and/or sunflower oil, sea salt.

Nutrition Facts	
Serving Size 1oz (28g)	
Servings Per Container	
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Amount Per Serving	
Calories 140	Calories from Fat 60
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% Daily Value*	
Total Fat 7g	11%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 5g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Potassium 70mg	2%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 3g	
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Vitamin A 0%	• Vitamin C 2%
Calcium 6%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	