

Kettle™ brand Tortilla Chips

Multi Grain

Version Date: 10/19/06
 Kosher Status: Kosher Parve
 Organic Status: Made with Organic Corn
 Allergen Statement: Contains Wheat

Ingredients: Stone ground organic yellow corn, expeller pressed high monounsaturated safflower and/or sunflower oil, organic multigrain flour (organic whole wheat, organic barley, organic rye, organic buckwheat, organic millet), sea salt.

Nutrition Facts			
Serving Size 1oz (28g)			
Servings Per Container			
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Amount Per Serving			
Calories 140	Calories from Fat 60		
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			% Daily Value*
Total Fat 7g			11%
Saturated Fat 1g			5%
Trans Fat 0g			
Polyunsaturated Fat 1g			
Monounsaturated Fat 5g			
Cholesterol 0mg			0%
Sodium 100mg			4%
Potassium 75mg			2%
Total Carbohydrate 18g			6%
Dietary Fiber 2g			8%
Sugars 0g			
Protein 3g			
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Vitamin A 0%	• Vitamin C 2%		
Calcium 6%	• Iron 6%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300 mg
Sodium	Less Than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			