

Kettle Brand® Roaster Fresh® Nut Butters

Almond Butter Unsalted

Version Date: January 2, 2009
 Kosher Status: Kosher Parve
 Organic Status: None
 Allergen Statement: Processed on equipment shared with peanuts and other tree nuts.

Ingredients: Almonds

Nutrition Facts	
Serving Size 1oz about 2 Tbsp (28g)	
Servings Per Container	
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Amount Per Serving	
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Calories 180	Calories from Fat 150
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	% Daily Value*
Total Fat 17g	26%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 11g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 5g	
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Vitamin A 0%	• Vitamin C 0%
Calcium 8%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	